



KITCHEN

Decluttering Checklist



Sort Stuff Into Categories

- ☐ Keep (items you use a lot)
- ☐ Donate (items you're unsure about)
- ☐ Sell (valuable items worth listing)
- ☐ Bin (broken/chipped items)

Deal With Trouble Spots

Tupperware Cabinet

- ☐ Sort through plastic containers
- ☐ Remove stained or warped items
- ☐ Match lids with containers
- ☐ Keep only weekly-used items

Appliance Area

- ☐ Assess which appliances you actually use
- ☐ Find easy-to-reach spots for appliances you use daily
- ☐ Store occasional appliances in high cabinets
- ☐ Donate unused working items

Pantry Zone

- ☐ Check expired spices and seasonings
- ☐ Remove forgotten one-time recipe ingredients
- ☐ Combine multiple opened packages of the same item
- ☐ Clear out mystery items

Drawer Organisation

- ☐ Use drawer dividers
- ☐ Group similar items together
- ☐ When adding new items, remove something similar
- ☐ Label everything if needed

Notes

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