



WARDROBE

Decluttering Checklist



Step 1: Initial Sort

- ☐ Remove all items from wardrobe
- ☐ Create "love and wear" pile
- ☐ Create "not sure" pile
- ☐ Create "time to go" pile
- ☐ Sort quickly without overthinking!

Step 2: Love and Wear Assessment

- ☐ Confirm items worn in last 6 months
- ☐ Check each piece for damage/stains
- ☐ Sort by type (tops, trousers, dresses)
- ☐ Remove items that don't make you feel fantastic

Step 3: Not Sure Evaluation (w/ 30-minute timer)

- ☐ Try on every item
- ☐ Check if it fits properly
- ☐ Assess how you feel wearing it
- ☐ Verify you have matching pieces
- ☐ Move unsuccessful items to "time to go" pile

Step 4: Time to Go

- ☐ Sort for donation (good condition)
- ☐ Sort for selling (valuable pieces)
- ☐ Sort for binning (damaged)
- ☐ Sort for recycling (textiles)
- ☐ Pack donation bags immediately

Notes

☐	
☐	
☐	
☐	
☐	